

RECORD SPRING'S VITAL SIGNS

Since the 1980s there has been a trend towards rapidly increasing average temperatures. By recording nature's vital signs and plotting how those signs change and adapt, we can predict some of the ways wildlife will be affected by climate change. Knowledge is power – help us keep our planet and ecosystems healthy for wildlife and people by taking part and logging your spring sightings online.

Planning a wellbeing walk this spring?

Take this handy spotter guide out to the woods with you to help you in your search for nature's vital signs.



NEIL BOWMAN/GETTY IMAGES

FIRST SONG THRUSH HEARD SINGING

The song thrush is a little smaller than a blackbird. It has a dark-spotted underside with pale brown wings and back. Listen for repeated phrases in woodland, fields, heaths, parks and gardens.



CHRISTINE MARTIN/WTM

FIRST FROGSPAWN SPOTTED

Keep a sharp eye out in ponds, ditches or slow-moving streams and record the first clumps of frogspawn you see from now until April. Spawn is laid in jelly-like clumps.



JOHN BRIDGES/WTM

FIRST BLACKTHORN SEEN FLOWERING

Open your eyes (and nostrils!) near hedgerows for the first blackthorn blossoms of spring. Log when the petals of the flowers are open enough to see inside, from now until mid-April.

	DATE RECORDED	POSTCODE/LOCATION (OPTIONAL)
FIRST SONG THRUSH HEARD SINGING		
FIRST FROGSPAWN SPOTTED		
FIRST BLACKTHORN SEEN FLOWERING		



WOODLAND
TRUST

The Woodland Trust is a registered charity, nos. 294344
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Have you seen a vital sign of spring?
Go online to log your sightings now at
woodlandtrust.org.uk/vitalsigns

Sorry, we cannot log your sightings by post or phone.